

## CURRICULUM VITAE

### **JMWISHREE BORO,**

Assistant Professor & Coordinator  
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### **EDUCATIONAL QUALIFICATIONS**

1. **2018:** Ph.D in Applied Psychology, Pondicherry University, Puducherry.
2. **2010:** P.G. (M. Sc.) in Applied Psychology (specialization in Clinical Psychology) from Pondicherry University with 57% (6.52 out of 10), i.e. 2<sup>nd</sup> class in the year of 2010.
3. **2008:** B.A. in Education from Gauhati University with 57%, i.e. 2<sup>nd</sup> class in the year of 2008.
4. **2005:** 10+2 (H.S.) from Assam Higher Secondary Education Council with 44.2%, i.e. 3<sup>rd</sup> division in the year of 2005.
5. **2003:** HSLC (10<sup>th</sup> board Exam) from Assam Board of Secondary Education with 50.5%, i.e. 2<sup>nd</sup> division in the year of 2003.

### **OTHER QUALIFICATION:**

1. Hindi Praveen from Asom Rastravasa Prachar Somiti, Guwahati, with 45%, i.e. 2<sup>nd</sup> division in the year of 2007.
2. Passed Computer Award training from Community Information Centre, Government of India with 70%, i.e. Grade A in the year of 2005.

### **EXPERIENCE**

1. Joined as Assistant Professor in the Department of Psychology, The Assam Royal Global University in the month of August, 2018 and currently working at The Assam Royal Global University.
2. Worked as School Counsellor, Kendriya Vidyalaya, Udalguri
3. Worked as Junior Research Fellow under the DBT Sponsored project at Lokpriyo Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam, from the month of December, 2010 to August, 2011.
4. 3 months of Clinical exposure/internship in Lokpriyo Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam, from the month of February to May, 2010.
5. 15 days of Clinical exposure/internship in Gauhati Medical College and Hospital, Assam, in the department of Psychiatry in the month of May, 2009.

## COMPUTER PROFICIENCY

- I am well equipped with document packages such as Microsoft Word, Power Point, Excel, and Internet browsing.

## LANGUAGE PROFICIENCY

English : Read, Write and Speak

Hindi : Read, Write and Speak

Assamese : Read and Speak

Boro : Read, Write and Speak

## PRESENTATIONS

1. Presented a paper on ***“Life stress, Optimism, Life satisfaction and Academic Achievement among adolescents”*** in the National Conference on Positive Behaviour: Perspectives and Applications held on 21<sup>st</sup> & 22<sup>nd</sup> September' 2012, conducted by the Department of Applied Psychology, Pondicherry University, Puducherry.
2. Presented a paper on ***“College Student's Attitude towards Child Rights”*** in the International Conference on Protection of Child Rights: Issues and Challenges held on 18<sup>th</sup>, 19<sup>th</sup> & 20<sup>th</sup> January' 2013, conducted by the Department of Applied Psychology, Pondicherry University, Puducherry.
3. Presented a paper on ***“Spirituality, personality factors and general health among young adults”*** in the Annual Convention of National Academy of Psychology held on 13<sup>th</sup>, 14<sup>th</sup> & 15<sup>th</sup> December' 2013, conducted by the Department of Humanities and Social Science, National Institute of Technology, Rourkela.
4. Presented a paper on ***“Adjustment and psychological well-being among college students”*** in National Seminar held on 24<sup>th</sup> March 2023, conducted by the Department of Psychology, Manipur University.

## ATTENDED CONFERENCES/WORKSHOPS

1. One day workshop on Psycho-oncology, Organized by Cancer Institute, Chennai on 8<sup>th</sup> September 2011.

## Published Article

1. Jwmwishree, B., & Dhanalakshmi, D. (2014). Life stress, optimism and life satisfaction among school students. *Indian Journal of Positive Psychology*, 5(1), 41-45. (ISSN 2229-4937, Impact factor 8.24)
2. Jwmwishree, B., & Dhanalakshmi, D. (2015). Spirituality, personality and general health among college students. *Indian Journal of Health and Wellbeing*, 6(5), 475-479 (ISSN 2229-5356, Impact factor 8.151)
3. Jwmwishree, B., Dhanalakshmi, D., & Chakrawarty, S. (2019). Perceived stress, optimism and self-concept as predictors of adolescent mental health in India. *IAHRW International Journal of Social Sciences Review*, 7(1), 21-26 (ISSN 2347-3797, Impact factor 5.83)

4. Jwmwishree, B., Dhanalakshmi, D., & Chakrawarty, S. (2019). A structural equation model of perceived stress, optimism, self-concept and adolescent mental health. *Indian Journal of Psychology & Education*, 9(1), 140-145 ((ISSN 2231-1432, Impact factor )

### **Book Chapter Publication**

1. Saikia, A. & Jwmwishree, B., (2021). Stress among the Female Employees of A Private University in Kamrup Metropolitan During Pandemic. In A. Tiwari, S. Srivastave & S. Bharadwaj (Ed), *Impact of pandemic on women* (pp. 61-69). Lucknow: M/s Swati Enterprises.

### **Other Details**

1. Life Membership (Membership No: 11408) at the Indian School Psychology Association (InSPA) since 2023
2. Member at Society for the Teaching of Psychology (APA Division 2)

### **Personal Details**

Date of Birth	: 21/01/1988
Father's Name	: Nabin Malla Boro
Mother	: Sumati Boro
Nationality	: Indian
Religion	: Hindu
Category	: S/T (P) Boro-Kachari
Sex	: Female
Permanent Address	: Vill- Maidangguri, P.O & Dist. Udalguri, Assam, 784509

### **DECLARATION**

I hereby declare that all the data furnished above is true to the best of my knowledge.

Date:

Place: Guwahati

Yours Sincerely

(JWMWISHREE BORO)